

# Volunteer... Be a part and at the heart of what we do!

## Volunteer Waiver, Health Policy and Agreement

### Volunteer Waiver

I understand that my work is voluntary and that some risks may occur due to the nature of the work in Mustard Seed Café, the Mustard Seed Cafe Garden or at a Mustard Seed Café sponsored event. I understand and assume these risks and hereby release Mustard Seed Café and its officers, directors, employees, affiliates, and agents from any and all liability regarding my volunteer effort with Mustard Seed Cafe. I agree to save and hold each of them harmless from and against all claims, costs, expenses, demands, and actions with the volunteer effort.

\_\_\_\_\_

Initial

\_\_\_\_\_

Print Name

### Volunteer Health Policy and Agreement

All Volunteers must report **symptoms** of illness.

I agree to report to the manager before volunteering when I have:

1. Diarrhea
2. Vomiting
3. Jaundice (yellowing the skin and/or eyes)
4. Sore throat with fever
5. Infected cuts or wounds, or lesions containing pus on the hand, wrist, or any exposed body part, such as boils and infected wounds no matter how small
6. Any other potentially contagious illness

All Volunteers must report **diagnosed** illnesses.

I agree to report to the manager before volunteering when I have:

1. Norovirus
2. Salmonella Typhi (typhoid fever)
3. Shigella spp. Infection

4. E. coli infection (Escherichia coli O157:H7 or other EHEC/STEC infection)
5. Hepatitis A
6. Any other contagious illness

All Volunteers must report **exposure** to any illness.

I agree to report to the Manager before volunteering when I have been exposed to any of the illnesses listed above through:

1. An outbreak of Norovirus, typhoid fever, Shigella ssp. Infection, E. coli infection or Hepatitis A.
2. A household member with Norovirus, typhoid fever, Shigella ssp. Infection, E. coli infection or Hepatitis A.
3. A household member attending or working in a setting with an outbreak of Norovirus, typhoid fever, Shigella ssp. Infection, E. coli infection or Hepatitis A.

### **Exclusions and Restrictions from Volunteering:**

If you have any of the symptoms or illnesses listed above, you may be **excluded\*** or **restricted\*\*** from volunteering at the Mustard Seed Café.

\* Excluded means you are not allowed to volunteer.

\*\* Restricted means you are allowed to volunteer, but your duties may be limited.

## **Volunteer Health Policy Agreement**

By initialing this page, I understand and agree with the following statements:

1. I have read and understand Mustard Seed Café's Volunteer Health Policy;
2. I will report when I have symptoms, diagnosis or been exposed to any of the illnesses listed in the Volunteer Health Policy before volunteering; and
3. I will comply with volunteer restrictions and/or exclusions that have been set by Mustard Seed Café Staff.

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Initial